

What is abuse?



The three types of abuse we will look at today are:

- Emotional Abuse
- Physical Abuse

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What is Emotional Abuse?

Emotional abuse is:

- humiliating or constantly criticising someone
- threatening, shouting at someone or calling them names
- making someone the subject of jokes, or using sarcasm to hurt someone
- making someone perform degrading acts
- exposing someone to distressing events or interactions such as domestic abuse or drug taking
- not allowing someone to have friends
- persistently ignoring them
- manipulating someone

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Emotional Abuse

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Who is capable of emotional abuse?

- Parents
- Brothers and Sisters
- Peers at school
- Boyfriend or Girlfriend
- Other family members – cousins, aunties, uncles
- Best friends – not always intentional but can still happen!



What is Physical Abuse?

- Physical abuse is deliberately hurting someone causing injuries such as bruises, broken bones, burns or cuts.
- It isn't accidental - children who are physically abused suffer violence such as being hit, kicked, poisoned, burned, slapped or having objects thrown at them.
- There's no excuse for physically abusing someone. It causes serious, and often long-lasting, harm – and in severe cases, death.

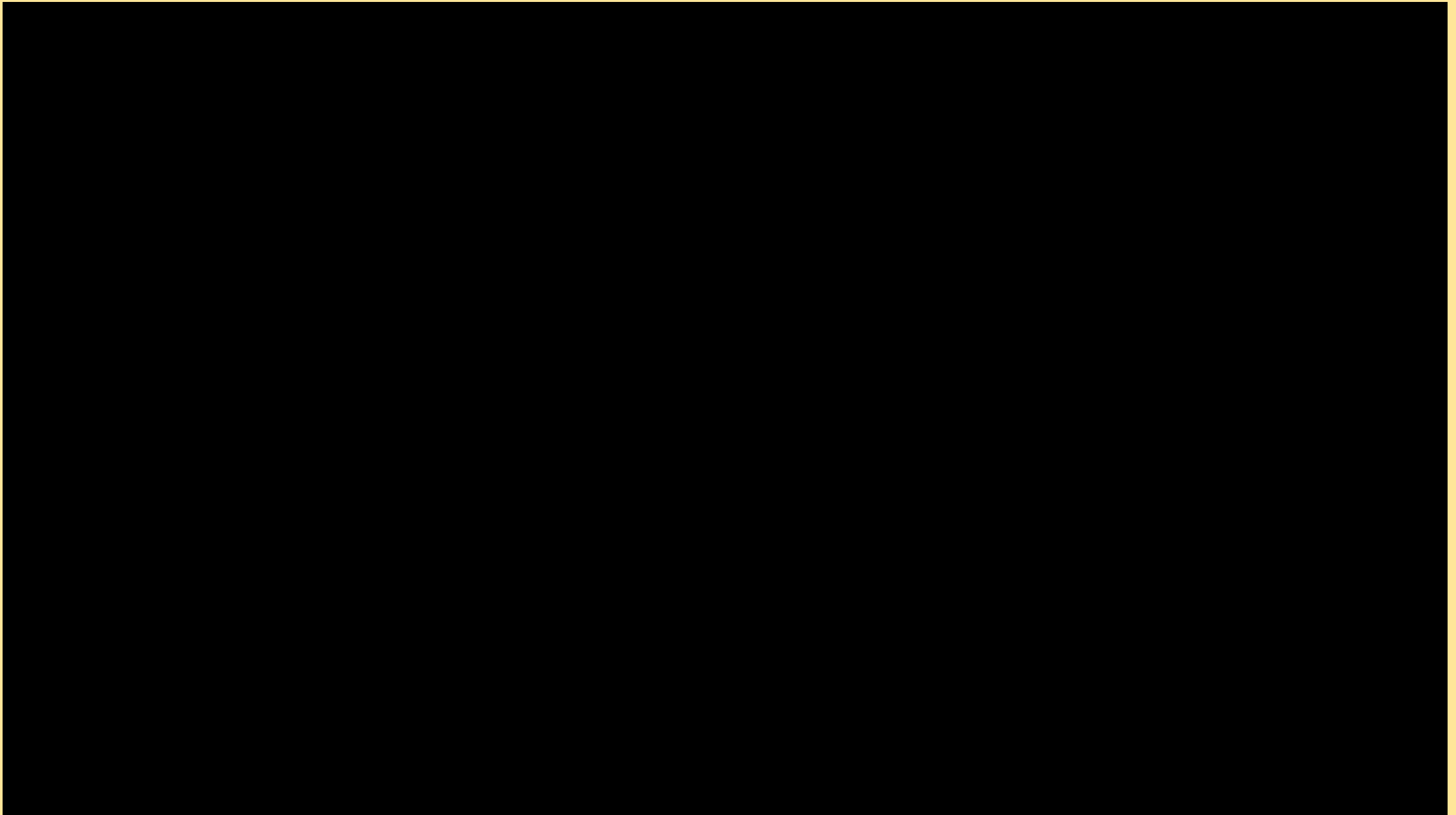
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What are the signs of possible Physical Abuse?

- Unexplained bruises or cuts that are repetitive
- Burns or scalds on skin
- Bite marks
- Fractured or broken bones
- Withdrawn
- Anxious
- Depressed
- Problem sleeping
- Obsessive behaviour



What should you do if you are experiencing abuse?

- Tell an adult you trust, this could be a teacher, parent or other family member
- Ring Childline
- Report it on the Impero tab available on all computers at school!

